

# GENIUS<sup>+</sup>

## Chemical Peels Protocol

### **Pre-Application of Peel:**

- Cleanse the skin thoroughly Remove grease and oils using 70% alcohol or acetone
- If desired, a plaster or Vaseline may be used to protect the eyes, nostrils and lips.

### **Don't proceed with peeling in case of any of following:**

- Retin A Cream used for Acne. Should be discontinued 7 days before and after treatment
- Accutane: oral medicine for Acne. Absolute Contraindication
- Benzoyl Peroxide: cream for Acne.
- Pregnancy or lactating
- Open wounds, eczema, psoriasis, and contact dermatitis
- Client undergoing chemotherapy
- Waxing
- Fresh Tans
- Any red face
- Cold sores or Herpes simplex infection
- Tendency for Keloid Scars Formation

### **Applying the Peel:**

- Always follow the sequence as outlined.
- Slightly overlap each area.
- Do not apply too thickly as skin may not be visible during application.
- Regularly use new gauze and cotton buds (for each treatment consistently use the same number).
- Follow the skin lines.
- Start timing the duration of the peel application from the moment you start applying it.

Recommended application duration for the first session is as follows: Anti Aging Peel (3 minutes), Anti Acne Peel (3 minutes), Lightning Depigmentat Peel (5 minutes) From second treatment session on, you can increase the application time by one minute (if the client was not satisfied by the skin reaction on previous session) up to a maximum of 7 minutes



## Order of application

1. The forehead (horizontal direction)
2. The nose (vertical, semi- circular with cotton buds)
3. The cheeks (semi-circular, follow nasal/lip line to, and including jaw line)
4. Below the eyes (horizontal with cotton buds maintaining a distance of 3mm under the lower eye lid)
5. The upper lip (horizontal/circular in combination with the chin)
6. The chin

## Neutralization:

- After 3 to 7 minutes peelings should be actively neutralized using cold water.
- AHA peelings and salicylic acid peeling must be neutralized as soon as slight erythema occurs.
- The TCA peeling must be neutralized as soon as frosting takes place by using cold water shortly. Frosting will appear within 60 to 90 seconds! Neutraliser solution can be used for faster neutralizing of chemical peels.
- Keep Neutralizer at least one minute on the skin Thoroughly rinse the skin.
- To cool the skin even more you can use a Hyperboost Jelly face mask.

Indication	Peel Type	No. of Sessions	Frequency	Maintenance
Melasma	Lightening Depigmentation	4-6	Every 2 weeks	One session every 6 months
Pigmented Spots	Lightening Depigmentation	4-6	Every 2 weeks	One session every 6 months
Hyperpigmentation (from sunlight or post surgery scar)	Lightening Depigmentation	4-6	Every 2 weeks	One session every 6 months
Acne (Non-Inflammatory acne in stabilized phase)	Anti Acne	4-8	Every 2 weeks	One session every 3 months or more frequently if needed
Light acne scars	Anti Acne	6-8	Every 2 weeks	One session every 6 months
Blackheads and comedones	Anti Acne	4-6	Every 2 weeks	One session every 3 months
Seborrhea (extremely greasy skin)	Anti Aging	3-4	Every 4 weeks	One session every 6 months



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Skin lines and slightly deeper wrinkles Aging	Anti Aging	4-6	Every 4 weeks	One session every 6 months
signs in consequence of excessive sunlight	Anti Aging	4-6	Every 4 weeks	One session every 6 months
Sagging skin	Anti Aging	4-6	Every 4 weeks	One session every 6 months
Ichthiosis (extremely dry skin)	Anti Aging	3-4	Every 4 weeks	One session every 6 months

